

EVENT DESCRIPTION – TECHNICAL SEMINAR EL-EFF Region

➤ **Title:**

TECHNICAL SEMINAR FOCUSED ON RESIDENCES FOR ELDERLY PEOPLE.

AWARENESS CAMPAIGN FOCUSED ON RESIDENCES FOR ELDERLY PEOPLE AND HOUSEHOLDS.



➤ **Date & location:**

- January 30th 2009
- Residence for elderly people
“AMMA ARGARAY”
- C/ VALLE DE EGUES, 1. PAMPLONA.

➤ **Organiser:** Department of Innovation, Enterprise and Employment of the Government of Navarra

➤ **Participants / Attendance involved:** 24 people. More than 20 managers of different Navarran centres or residences for elderly people.

➤ **Programme / Agenda:** See attached document

➤ **Short description:**

1 - AWARENESS CAMPAIGN FOCUSED ON RESIDENCES FOR ELDERLY PEOPLE AND HOUSEHOLDS.

The campaign was aimed at promoting rational use of electricity in household and residences for elderly people. It included the following actions:

- Workshops with families (residential)
- Training workshop aimed at managers and those responsible for maintenance of residences for elderly people.

Workshops with families.

Workshops have been convened to raise awareness for families in the schools that in the 2008-2009 academic years have begun to work on the energy plans. Most of them are in Tudela. They are pursuing a program of energy plans.

The workshops were held on the following dates:

School	Date	Time
CPEIP Orreagako Ama	14/01/09	17:00
6 schools in Tudela	20/11/08	15:30

Material prepared for the workshops:

- Energy efficient light bulbs
- A media magnet kitchen
- Brochure published in the Region within the project EL EFF REGION concerning measures on saving electricity at households.

Conclusions:

Although the call was not attended by many people, those who did it were fully concerned about the issues and they did a lot of suggestions.

Nevertheless it is compulsory to highlight the following points in terms of actions that should be taken into consideration in the near future:

Low participation of schools

Low participation of the families of the schools that have attended the workshops.

2 - TECHNICAL SEMINAR FOCUSED ON RESIDENCES FOR ERDERLY PEOPLE

Check also the ppt presentation attached.

On January 30, 2009 a technical seminar to old people's homes was conducted within the EL EFF Region project. In it they were exposed energy saving and efficiency measures focused on the electricity sector.

The seminar was addressed by an engineering company with broad experience in installations made in old people's homes.

The seminar had three parts. Firstly the engineer made an introduction which set out the actions that can be implemented in the tertiary sector in general.

The second part described specific measures to be applied in old people's homes with the help of a Power Point developed by engineering.

Finally, the third part of the seminar was practical and took place by visiting the premises of the residence commenting spot the contents taught in the previous interventions.

In **conclusion** taking into account the high level of satisfaction shown by those attending the events and the low attendance we see an important work to implement people awareness in this specific fields. The following indicators show this issue:

INDICATORS	expected	done
No. of workshops for families	6	3
Number of attendees at the workshop	75	24
Number of people in the course of residences	30	15

PROGRAMA

USO EFICIENTE DE LA ELECTRICIDAD EN RESIDENCIAS DE LA TERCERA EDAD

Proyecto EL_EFF Region

9:00 h	Presentación de la Jornada Ahorro, eficiencia energética y gestión ambiental en las Residencias de la Tercera Edad <i>Rafael Aldai Agirretxe Centro de Recursos Ambientales de Navarra</i>
9:30 h	La contratación eléctrica. <i>J. Pablo Gárriz. Ingeniería Leyre</i>
9:50 h	La iluminación <i>J. Pablo Gárriz. Ingeniería Leyre</i>
10:10 h	El sistema de climatización <i>J. Pablo Gárriz. Ingeniería Leyre</i>
10:30 h	Otros uso eléctricos <i>J. Pablo Gárriz. Ingeniería Leyre</i>
10:45 h	Pausa – café
11,15 h	Visita práctica a las instalaciones de la Residencia AMMA ARGARAI <i>J. Pablo Gárriz. Ingeniería Leyre</i>

Residencia Amma Argaray. 30 de enero de 2009